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Editor's note.

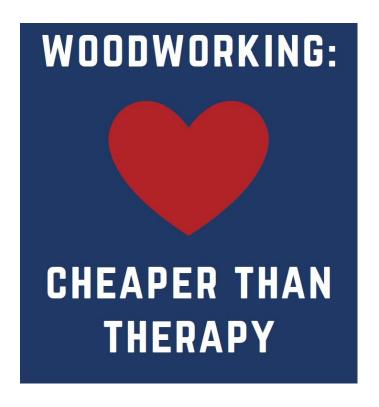
I continually reserve this section for notes that I wish to place in the newsletter, but sometimes, like now, there is not much that I can think of.

One thing though is the reminder for members to submit a profile of their life for publication, see page 12 for further info.

Ronald Tew.

Any items or queries to: -

Email: office@burpengaryshed.org



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Presidents Report. (Or as sometimes called 'Rodney's Ramblings')

Welcome to the October edition of the BAD Shed Chatter. I'm pleased to present my President's Report to all Shed members for Issue Number 82 of your Shed magazine.

I can report that the Shed is in a strong position—with funds in the bank, a solid membership, and a full project book. There's always something to get involved in at the Shed. If you haven't found something to do, you might not be looking hard enough—or in the right place.

I'm fortunate to receive invitations from various community groups to speak about our Men's Shed and the benefits of being a member. The first question I'm usually asked is: "Can women join our Men's Shed?" If not—why? In our early days, I stumbled over this question, not wanting to upset anyone. But these days, I have a standard answer: No. From day one, our Men's Shed mission statement has remained the same: to provide a safe, supportive space for men to be themselves, to connect, socialize, and focus on mental health and social isolation. It's a place for men to be men.

You may or may not know that there is a loneliness epidemic.

Research tells us that loneliness isn't just unpleasant—it's actually a serious health risk. The World Health Organization warns that chronic loneliness can be as harmful as smoking 15 cigarettes a day. Being lonely increases the risk of dementia by up to 50% and heart disease by around 30%.

This is where Men's Sheds shine.

I'm privileged to visit many Sheds, and one of my favourite moments is when someone catches me in a quiet moment and confides how much the Men's Shed has helped them. For some, it's given them a reason to get up and leave the house in the morning.

October is also Mental Health Month—a time when the Men's Shed community comes together to raise awareness and promote better mental health for all.

Sheds have become a lifeline for so many men. They are a vital connection to the community.

September Highlights.

- Recycling Champions: Flatty and I visited Good Start Child Care Centre (North Lakes) and Kallangur State School to present trophies made at the Shed for the region's top recyclers. These were crafted from recycled timber sourced from Narangba Recycling Depot.
- **Grant Info Night:** Ken Slater and I attended a well-supported grant information session at Norths Leagues Club, with over 40 community groups present.
- Father's Day DIY Night: Shed members helped children assemble wooden toolboxes at Bunnings, pre-cut at the Shed.
- Men's Health Event: Dave Redfern and I represented the Shed at the Queensland Men's Shed gathering in Samford.
- Fundraising Sizzles: We ran three sausage sizzles at Bunnings, raising funds.
- First Aid Officer Training: Our First Aid officers recently refreshed their skills.
- **Seniors Expo:** Our Shed Ambassadors attended the annual expo at St. Columban's College—an ever-growing event with great interest in our Shed.

Thanks to all members who contributed to these events. Your efforts make a real difference!

October Outlook

- Frank and I completed a small project at Deception Bay Baptist Church, building raised garden beds from repurposed water tanks.
- Our guest speaker was the ever-popular Chris from Centrelink.
- We met again with council to progress paperwork for Shed 4.
- Three fundraising sausage sizzles are scheduled at Bunnings this month.
- Peter Rocca and I are meeting with the Burpengary Scout Group to discuss a potential project.
- A members' bus trip to Suncorp Stadium is booked for Tuesday,
 21st October. See Dave Redfern or Bob Hansen to reserve your spot—numbers are limited.
- I'll be attending a Zoom meeting with council on Wednesday,
 22nd October.
- Students from Burpengary Meadows State School will be visiting as part of our mentoring program to see the Shed in action.
- First Aid training has been completed.

Around the Shed

- No major safety issues to report this month.
- Refresher courses (accreditation) will be available for members who don't regularly use machinery and want to brush up their skills. Please see the Shed Captains to register.
- A reminder: breakages are still going unreported, causing delays in repairs and replacements. If you break it—report it. If you take it—put it back.

Thanks again to all members for your continued support and involvement in Shed happenings. October is shaping up to be another busy and rewarding month.

Men's Drop-In Night: The Unwritten Guide to Becoming a Man

There's no instruction manual handed out at birth. No blueprint. No checklist. No rite of passage that guarantees we'll grow into good men. We're not born men—we become them. And that journey is anything but simple.

Our younger men are growing up in a world that's louder, faster, and more confusing than ever. They're told to be strong—but not how. They're told to succeed—but not what success really means. They're told to be men—but without anyone showing them how.

So, we mentor. Not with lectures, but with presence. Not with perfection, but with honesty. We share our stories—the good, the bad, and sometimes the ugly.

Are the men of our past lost?

Maybe.

But in our Shed, we're finding them again—in each other, in our shared struggles, and in the courage to guide the next generation.

Men's Drop-In Night is more than a gathering. It's a lifeline.

This event opens at 6pm with a sizzle, followed by a couple of speakers. You could be one—if you want.

Tuesday night, 7th October | 6pm to 8pm | Burpengary and District Men's Shed.

Don't forget to ask a mate, R U O K?

Rodney Hansen

President, Burpengary and District Men's Shed Inc.

Birthdays.

Birthdays soon.

The following are the birthdays for October 2025: - Geoff Rossiter, aged 75; John Bonnick, aged 58; Brian Crawley, aged 68; Robert Bellingham, aged 73; Shane Longmore, aged 86; Denis Dinneen, aged 81; Neville Bull, aged 74; John Ross, aged 73; Richard Ellwood, aged 83; Garry Riddell, aged 73; Bob Halliday, aged 70; Graham Fayle, aged 79; James Mann, aged 79; Wes Roberson, aged 71.

If you wish to know the actual date, check the list outside the office.

New Members.

New members since last newsletter.

Listed below are the new members joining recently, so when you bump into them give them a big welcome. They are as follows: - Peter Ridings, Bill Smart and Mike Caskey.

Welfare Committee.

It would be my intention to provide a report from one of our Welfare officers, but unfortunately my roving reporter has not submitted his report in time for this month, hopefully it will feature next newsletter.

Shed 4.

Discussion about shed 4 are continuing and we are still having meetings with council, more when comes to light.

Mrs. Flannagan described herself as a 'Sprightly Old Girl'.

"Actually, I see seven Gentlemen each day," she said. Then added, "I get out of bed with Will Power, then I go to the John, next its breakfast with Uncle Toby, followed by Billy Tea. Then the rest of the day is spent with either Arthur Ritis or Al Zymer until I finally go to bed with Johnny Walker."

Sewer works.

16, 17th of September.





When the septic tanks were originally installed something obviously went amiss with accounting for future use. Our membership has now outgrown the designed use of the system installed and council has now decided that it may be cheaper to replace the existing system with a much larger tank rather than continually pumping it out. The works were done on 16 and 17th of September and the shed was totally closed over these two days.





The top pictures show the old tank being dug out, and then out. The bottom pics show a big hole for the new tank covered by shadows, then the new tank installed.

Paddy caught his wife having an affair and decided to kill her and himself.

He puts the gun to his head, looks at his wife and says, "Don't laugh, you're next!!"

Medical Records.

Continual reminder.

Once again, we remind members that your medical records kept in your file in the office may be out of date. It is essential that all members update their records at regular intervals, changes or not, even indicate there are no changes. We are now asking all members to update their records, please do so.

Seniors Expo.

Late in September our Shed Ambassadors attended the annual expo at St. Columban's College with great success in advertising the shed. Several members attended and are pictured.



Christmas Dinner.

The shed Christmas dinner for 2025 has now been booked in for Tuesday the 16th of December at the same place as last year being the 'Caboolture Club Tavern' across the road from the Caboolture Railway Station. The cost of the dinner will be the same as last year at \$25.00 per person and the Shed will subsidise the remainder. Names for the dinner will be collected from the end of October; it will become known when we start asking.

Little boy gets home from school and says "Dad, I've got a part in the school play as a man who's been married for 25 years."

His Dad replies "Never mind son. Maybe next time you'll get a speaking part......

Shed bus trip.

21st of October.

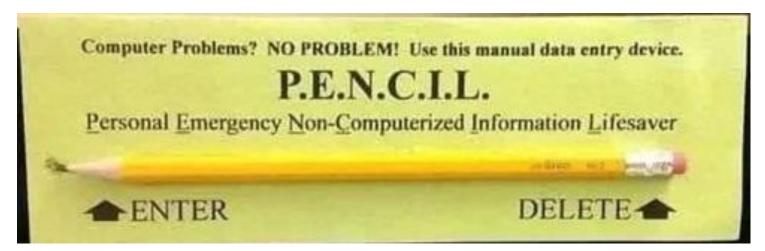
We have arranged for another bus trip for members on Tuesday the 21st of October. This time the trip will be to the Suncorp Stadium with a tour around the stadium. The cost for the trip is \$20.00 per head, but the recommendation is to bring more money as a stop will be made on the way home for lunch etc. See Bob Hansen or Dave Redfern to put down names, there is a strict limit.

Committee meeting minutes.

There has been a request for Committee meeting papers to be put on display for all members, as, apparently, some members do not hear about what happens behind those closed doors. Rodney's report at morning tea generally covers items of interest from these meetings but seeing that some members are not present at this time may be the reason they miss it.

As a result of this request, a copy of the minutes from each meeting will be put on the notice board outside the office shortly after each meeting.

NOTE: all members should note that it is their right to ask about what happens in these meetings, after all the Committee is a small representative group, elected by the members, to act on their behalf in making whatever decisions have to be made in running the shed.



Shed badges.

The committee recently made a decision to acquire some shed badges for all members, if you currently do not have one, please ask in the office. The main reason for these badges is for <u>those members that are proud enough of their shed</u> to advertise it to the public by wearing the badge, pinned to their collar, on occasions when not at the shed. A waste of time wearing it at the shed, shirts have the logo on them.

Chris from Centrelink.

Tuesday the 2nd of October.

On this day we once again welcomed Chris from Centrelink to give a presentation on how to possibly improve one's pension situation. Chris is from the Financial Advisory Section (FIS officer) and it is his task to advise





people of the benefits they may be entitled to *before* they know what exists. Chris has attended the shed on several occasions in the past for this presentation, and on every occasion has been made very welcome.

<u>Toy area rearrangement.</u>

It's strange considering that the 'Toy Boys' always want their picture in the newsletter, that they didn't let me know they were making rearrangements to their area. I found out about the changes at the lunch table so I thought I would get some pics. It turns out that the 'Toy Boys' area is that popular for workers that working space has

become critical. This has been overcome by moving the large, many a drawer, storage shelves, and replacing them with the storage shelves that were next to the work bench. This has resulted in almost twice the room to manoeuvre around the work bench.









<u>Member Profiles.</u>

I am once again calling for member profiles. I have recently been issuing copies of historic newsletters with the current one at normal distribution times, and most contained member profiles. What I am asking for is a short 500 or so word story of one's life events. Reading some of these profiles proves rather interesting and it is surprising to find out how many members find they have something in common with others. New friendships have been formed from some of these early profiles, so do not hesitate, put pen to paper and send them to me at the email address inside the front cover.

Story of the month.

Stolen memory.

As I left the store, I reached into my pocket for my keys — nothing. A wave of panic hit me. Had I really left them in the car? My husband had warned me countless times about this, always worried that one day the car would get stolen.

I rushed to the parking lot, and my heart sank. The space where I had parked was completely empty. The car was gone.

Frantic I grabbed my phone and called the police. I gave them my location and explained, voice trembling, "My car has been stolen! I left the keys inside!"

But the hardest call was yet to come. Taking a deep breath, I dialled my husband. "I, uh...I left the keys in the car...and it's been stolen."

There was a long silence. So long that I thought the call had dropped out --- until I heard him snap, "Are you kidding me? I dropped you off!" My stomach sank. Oh. Right.

Now it was my turn to go silent. Feeling like an idiot, I mumbled, "Well...come get me."

His response? "I will. Just as soon as I can convince this policeman that I didn't steal the car!"

Ah, welcome to the golden years!



Try to remember, the greener grass across the fence may be due to a septic tank issue.

Upcoming Events.

October 2025.

Saturday 4th. Bunnings sizzle, Morayfield.

Friday 17th. Bunnings sizzle, Morayfield.

Sunday 26th. Bunnings sizzle, Morayfield

Friday 31st. Bunnings sizzle, Morayfield.

Tuesday 28th. Charity golf day.

December 2025.

Thursday 11th. Toy giveaway day.

Tuesday 16th. Shed Christmas dinner.

Thursday 18th. Last shed open day before Christmas.

Projects & Activities.

Sizzle onions.

As one can see from the list above, we have quite a few sausage sizzles coming up, as a matter of fact while I am sitting here writing this our men are out on another call out sizzle, with only a couple of days notice. This



is one of the reasons there have been so many onions cut this week, enough to last a couple of weeks.

Death is caused by swallowing small amounts of saliva over a long period of time.

Australia Post sizzle.



Late in August we catered for the opening family day at Australia Post new sorting centre near the airport



and unfortunately, I could not be there for pictures, but while resting before the onrush

someone took these pics of some of them eating ice-cream courtesy of the vendor next door. A well-deserved rest.

Chairs again.

This chair has finally had more work done on it and has now been completed. It turns out that Graeme has been away for a while, hence it has been sitting for a long period.



Lamp shade.

This lamp shade, as I was told when it featured a while ago, has also



been sitting for a while, but now has in fact had a lamp fitted to it. One of the reasons is that Lyle was also building another lamp in the form of the 'Tree of Knowledge' and had the lamps fitted at the same time.

Tree of knowledge lamp.

Lyle has been also building this lampshade, and it was finally revealed to be a representation of the tree of knowledge. Having seen the real thing, I think he has done a fairly good job of it.



Carved Tabletop repairs.





When I was asked to take a pic of this tabletop, I assumed incorrectly that it had bean completed. I did wonder why the cracks were in it. Then the following day on my shed wander I saw Lytton working on it to remove the cracks. Pictured are several stages of the project and I





am thinking Lytton may be wishing he had not volunteered for the job.

Snooker cue sanding.

It never surprises me what projects we receive in this shed, even a snooker cue was presented to shape the tip into something usable, and Grimmie has picked the right machine to complete the task easily.

Old plane repairs.

Again, on my wandering I spotted Roy working on these old timber planes and it wasn't until taking photos I noticed that the feet of the planes have different shapes for different surfaces.

Timber donation.

We often get donations of timber, but when I saw this one my first thought was that this timber will come up very well when dressed.











Old plane box.





In relation to the old plane repairs earlier, it turns out the planes weren't the project rather than the box being built to house them. These are old windowsill rebate planes that Roy was tasked with the job of building a box for, he did a rather good job of the box, but it seems the CNC men need to learn which is up with our logo, and how

to spell rebate.

Table nest

This nest of tables featured in an earlier issue of the newsletter, but here is another shot of the finished project.



Wig stands.

Again, these appeared earlier and now all have been completed.

Table repairs.

Tables are another article that features here quite often, there must be a lot of old ones around in need of repair. It makes the men feel as though they have achieved something when they see the end result.



Bowl by Dennis.

I am never surprised when I see some of the masterpieces either on Dennis' lathe or sitting beside it being completed. When I saw this bowl, it definitely caught my eye, so I had to take this picture.



Toy fuel tanker.

While in the lathe area I also noted this project at its beginning. It was too late to ask the builder what it was, so I asked Lytton, it turns out that the Toy Boys are building some fuel tankers and this is the beginning of one of those.



Yet another table repair.

It seems this is one of the most common types of repairs done in the shed as there is always one on the go. This one has had the sections of the top separated and is being glued back together.



Metal cleaning, garden seat.





It appears that we may have another sewing machine on the go again. In my lack of journalistic experience, I once again forgot to ask what it is, but it looks like a sewing machine leg. A few days later I found out what it was when I took a pic of the completed project, it was one of the end legs of this garden bench seat.

Letterbox

This project, a letterbox by Rod, featured in a partial completed state in newsletter 80, and now it is shown in it's finished state, complete with wheels that I believe were a late addition.



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Burpengary and Pistrict Men's Shed

By Ronald H. Tew